Graduate Health and Well-Being

Academic Meeting #1
Mental Health
January 30, 2019
Current Graduate Students – Winter and Spring 2016
(Data from UCOP Graduate Student Well-Being Survey)

Percent of Students Scoring at the Cut-Off Score for Being at Risk, or Having, a Depressive Disorder

https://www.ucop.edu/institutional-research-academic-planning/services/survey-services/GWB.html
Incoming Students – Fall 2018
(Data from New Graduate Student Orientation Registration Survey)

Percent of Students Scoring at the Cut-Off Score for Being at Risk, or Having, a Depressive Disorder

![Bar Chart]

- Masters: [Bar Height]
- Ph.D.: [Bar Height]
Current Graduate Students – Winter and Spring 2016
(Data from UCOP Graduate Student Well-Being Survey)

Percentage at risk or having a depressive disorder

![Bar chart showing the percentage of at-risk or having a depressive disorder among current graduate students at different UC institutions.](https://www.ucop.edu/institutional-research-academic-planning/services/survey-services/GWB.html)
Factors that correlate with Depression

- Financial concerns: 0.31
- Poor mentor relationships: 0.19
- Program bias: 0.23
- Social Support in General: -0.36
- Support from the department: -0.37
- Optimism about career prospects: -0.4

(Data from UCOP Graduate Student Well-Being Survey)

https://www.ucop.edu/institutional-research-academic-planning/services/survey-services/GWB.html
Graduate Student Alumni—2001, 2008, 2013 Cohorts

(Data from UCOP Doctoral Program Dashboard)

I would attend the same campus for my Ph.D. (% yes)

https://www.universityofcalifornia.edu/infocenter/doctoral-program